

The background is a vibrant blue with a stylized sun in the top right corner, white clouds, and a silver paperclip in the center. The text is presented in white on dark blue rounded rectangular shapes.

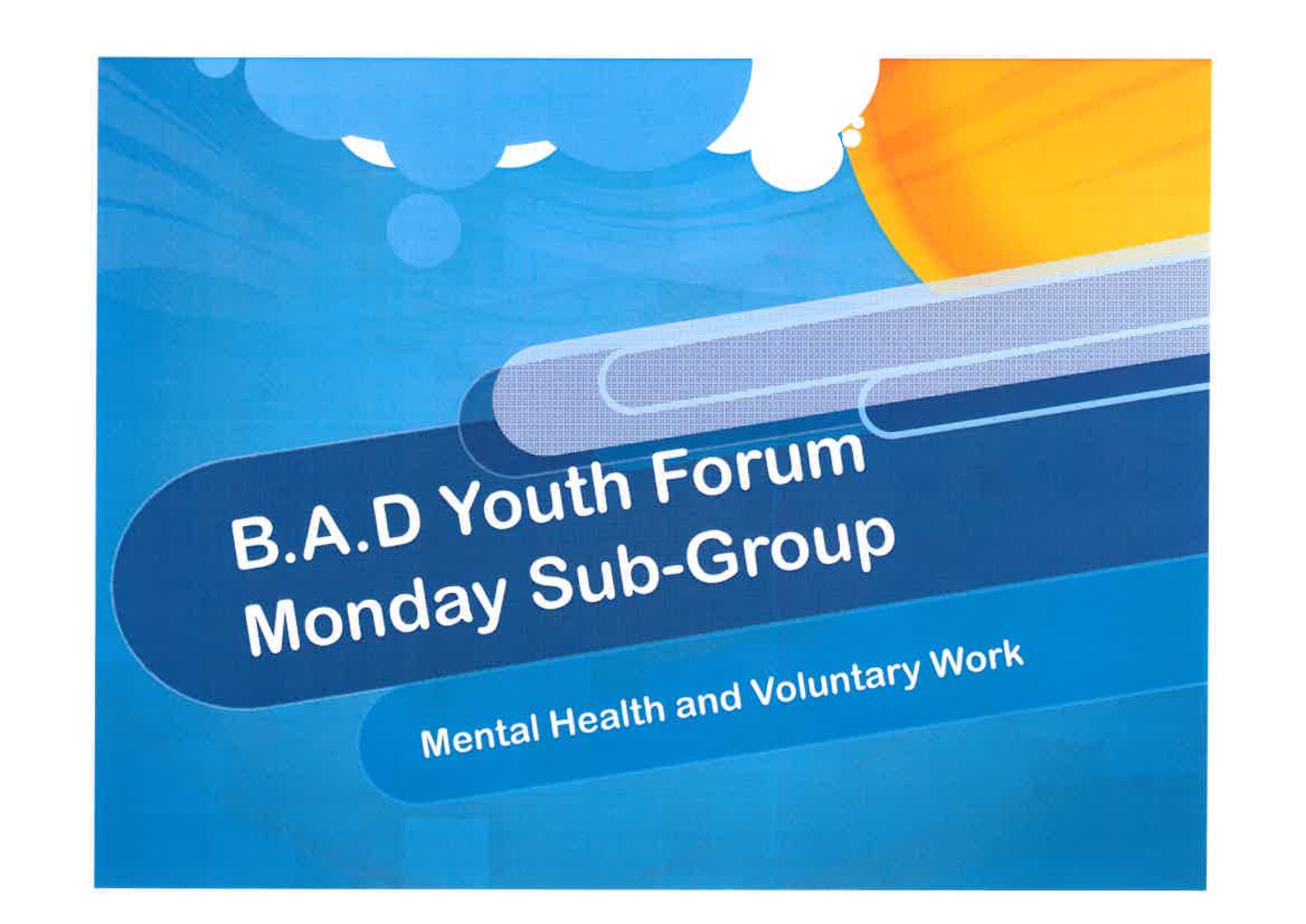
BAD Youth Forum

Achievements 2016



Elections

- All 10 secondary schools had a male and female election
- 60 young people elected
- Skittlz, Flipside and Generic also had representatives join the forum



**B.A.D Youth Forum
Monday Sub-Group**

Mental Health and Voluntary Work



Introduction

- We are the Monday sub-group; during the course of the year we have been working to address the stigma around mental health issues, to raise awareness and to get young people talking about it.



We want to know your views on mental health!

1- Would you be able to recognise if you or a friend had mental health issues?
YES NO (please tick)

2- If you or a friend had a mental health issue, would you know where to get help?
YES NO (please tick)
If you answered YES please state where _____

3- Would you feel comfortable telling someone you had a mental health issue?
YES NO (please tick)

4- Which of the following you consider to be a mental illness?
(please tick)

- | | |
|-------------------------------|---------------------------------------|
| GAD | Tiredness |
| Pre-menstrual tension | Insomnia |
| Aspergers | Bipolar |
| Multiple personality disorder | Dyspraxia |
| Suicidal thoughts | Self-harming |
| Tics/tics | Depression |
| Schizophrenia | Anorexia |
| Bulimia | Post Traumatic Stress Disorder (PTSD) |

5- Have you heard of CAMHS?
YES NO (please tick)

If you answered YES please state what you know _____

Thanks for taking the time to complete this!

The Mental Health Questionnaire

- We created a questionnaire to find out how much young people actually knew about mental health, to see if there is still a stigma attached, and would they know where to get help, we had 250 responses...



Conclusion:

- Based on the results of the questionnaire, it's clear young people have very little knowledge of mental health.
- The stigma is still there
- Don't know where to get help

So we decided to make an infomercial to raise awareness, break the stigma and get young people talking about mental health.....

We're hoping it will be shown in secondary schools.

We'd now like to show you our film.





PSHE

Problems with PSHE
in our borough

Lacking in
budgeting skills,
practical life skills
and social skills

We wrote to eleven
secondary
schools...



0191 111 530
0192 921 1291
0192 821 8001

Help with...
Homelessness, Employment
and Welfare Benefits



B.A.D. youth forum
IT'S YOUR CHOICE. USE YOUR VOICE

Dear Head Teacher

As members of the BAD Youth Forum we have discussed at length the issue of the varying degrees of the quality and content of current PSHE lessons in secondary schools in Barking and Dagenham.

We have asked our peer groups for feedback on what topics they think are relevant and current to young people that they would like taught in PSHE and these are the results:

Budgeting skills:
How to open a bank account, how to set up direct debits/standing orders, household finances, how do mortgages actually work, paying taxes and how to live on a limited budget.

Practical skills:
Maintaining a healthy and hygienic household, beer cooking skills, smoke alarm safety, basic DIY skills such as changing a plug and using electrical household products safely.

Social skills:
Voting registration, political party general guidelines, homophobia, transphobia, racial and religious discrimination, bullying and cyber bullying, how to get a Saturday job and how to write a CV.



The Vibe 195 - 211 Becontree Avenue, Dagenham, Essex, RM9 3UT

We would be delighted to get your feedback on whether these subjects are already covered at your school, so we can do a comparison of all the schools in the borough. Please respond by 28th May 2016 and send your responses to:
BAD Youth Forum
Vibe Youth Centre
195-211 Becontree Avenue
Dagenham
Essex
RM9 3UT

We look forward to hearing from you.

Kind regards

The BAD Youth Forum members



Feedback:

Unfortunately we only heard back from three of eleven secondary schools:

- Eastbury
- Eastbrook
- Barking Abbey

Eastbrook School agreed to adapt and include the additional topics on their curriculum for KS4 and 6th Form, which is very positive news.

Helping at the Food bank



- Many people in the UK are living in poverty. In Barking and Dagenham alone, there are 37% of children living under the poverty line. (According to NPI's report in 2013)
- As a group, we decided to help out in the Barking food bank.

Poverty Affects Us All



How this experience personally affected me ...

Promotional DVD

- We wanted to raise awareness on all the amazing things the BAD Youth Forum does, so we decided to make a promotional DVD to be shown in schools around nominations time.
- We want everyone to know what you can achieve by being a part of the Forum, so they nominate themselves for election.



IT'S YOUR CHOICE! USE YOUR VOICE!

Look out for Youth
Workers in your
school to nominate
yourself.....



Young Mayor's Sub-Group

Fundraising For Richard House Children's Hospice



WHO ARE WE?

- This is the first year that the role of Young Mayor has been part of the B.A.D Youth Forum.
- Our sub group was created to support the Young Mayor with her fundraising campaign. Together we have planned and developed fundraising events during the course of the year.



Young Mayor's commitments

- o Mayor of London event, a reception to celebrate the importance of London's communities and the impact their contribution has
- o Gender Equality Charter launch
- o Women's Empowerment Month awards ceremony
- o Barking and Dagenham's Got Talent
- o Queens birthday celebration at the Civic Centre
- o Annual ceremonial council
- o Mayoral Civic Service
- o Barking Folk Festival
- o Northbury School Fete
- o Two National Citizens Services events
- o Richard House Children's Hospice Summerfest event
- o Barking and Dagenham Youth Parade
- o Arc Theatre event
- o Remembrance Sunday service
- o Subwise Alcohol Awareness Week event in Barking and Dagenham College



OUR CHARITY.....





Fundraising

What we've done

- Cultural Event
- Supported Richard House Summer Fest
- Non-Uniform Day (Schools)
- Youth Parade – Custard Welly Race, Stalls
- ASDA bucket shake
- Halloween Movie Night

Cultural Event



At this event we had drama, dancing, music and international food.

We raised £177

Summer Fest



Annually Richard House holds a Summerfest and this year we contributed by holding our own stall where people could participate in our toy tombola and we raised a total of £51.60

Non-school uniform day



Southwood primary school raised a total of £386 For our non-uniform day.

Youth Parade



One of the highlights of the year was The Custard Welly Race between the Young Mayor and the Leader. This event raised a total of £620

A stylized illustration of a bright orange sun partially obscured by blue and white clouds, set against a blue background.

For those who missed it...





ASDA Bucket Shake



We went to Dagenham ASDA to raise money and we done this by shaking a bucket for 5 hours and collected a total of £98.57

Halloween Movie Night



To sum up the year and to celebrate our achievements we had a closed door event, just for the Young Mayor's sub group and we watched 'Hocus Pocus' and we raised £30

A stylized illustration of a bright orange sun with a blue circle in the center, partially obscured by white and light blue clouds. The background is a solid blue color.

**WE RAISED A GRAND
TOTAL OF...**



£1363.17



B.A.D Youth Forum Young Inspectors Sub-Group

Young inspectors



Training

- All young inspectors are trained when they first join the group by Heather the c-card coordinator.
- We are given full training, the same as pharmacies, including a condom demonstration and shown how to use dental dams and femidoms, so we know what we need to look out for when we do an inspection.

Come correct sign




This is the come correct sign which should be displayed outside every pharmacy that is part of the come correct scheme.




What we look for

- Environment
- A good demonstration
- Information given to us about STI's, EHC etc
- Fraser guidelines if we are under 16


Our Inspection Template

 _____

Name of Pharmacy _____
Name of Inspector _____ Age _____ LS _____
Place name if used _____
Date _____ 20/04/18 _____ Time _____ 5:30 _____
I am registered for the same service care **Yes**
If you attend in the same location - **Vehicle Number** _____
If no, why? _____
If you do they expect you to arrive pharmacy? **Yes**
Where you called for help? **Yes** (please circle)
If you take it? _____
1-How friendly was the staff members? (please circle)
 1 2 3 4 5
In your opinion, how good was the service?
How long did you wait for your appointment?
2-How comfortable did the vehicle you feel? (please circle)
 1 2 3 4 5
Do you wish to be contacted?
How long did you wait for the service you needed?

 _____

3-How the information given about confidentiality or the confidentiality policy on view?
 1 2 3 4 5
Do you have any comments?
The staff member took a bit about confidentiality, but it was on the wall and easy to see.
4-How did you own CORRECTLY how to use a condom? (please circle)
 1 2
Do you have any comments?
The person showed me how to use a condom and showed me how to use it properly.
5- If you are under 16 did they go through the Fraser Guidelines with you?
 1 2
Do you have any comments?
The staff member went through the Fraser Guidelines.
6- Did they call you about the morning after pill, and how to use it?
 1 2
Do you have any comments?
The staff member showed me how to use it.

 _____

7-How you told about the testing and when to get it done?
 1 2
Do you have any comments?
The staff member told me about the testing and when to get it done.
8- Was there a female correct sign? (please circle)
 1 2
Do you have any comments?
The sign was correct.
9- I would return to this site and recommend it to my friends (please circle)
 1 2
Do you have any comments?
The service was good and I would recommend it to my friends.
Reason for visit/other staff member
Why?
Or
Please describe the service you received
I was there for a service and I was happy with the service.
(drag and drop)
Reasons for visit
When you fill in this form, please make sure you fill in all the boxes. If you are not sure, please ask the staff member who is with you.
Do not write on the back of the form.



The Process

- o Inspection
- o Typing up reports with recommendations
- o Report read by Condom Distribution Officer
- o Feedback given to each pharmacy inspected (positive and negative)
- o Pharmacies take on board feedback and improve their services
- o Follow up inspections carried out to check pharmacy listened!

Typing our reports.....





Positive Impact

- We have completed a total of 130 inspections on pharmacies in 2016
- As a result, we have seen progress in a number of pharmacies
- Young people are receiving a better service
- Pharmacies that are not improving are given additional support



Experiences of being young inspectors

- o As young inspectors we have learnt a lot of new things such as how to keep ourselves safe during sex, by using different types of contraception e.g. condoms, femidoms and dental dams, how to use them correctly and the advantages.

We also gained other skills such as:

- New friends and teamwork
- General respect for others and yourself
- How to be independent and confident
- Report writing skills
- A sense of purpose and responsibility.



**Other BAD Youth Forum
Activities**



Full Forum meetings

- First Full Forum meeting at Barking Town Hall to discuss issues affecting young people
- Ambition 2020 meeting with Meena Kishinani
- Houses of Parliament visit hosted by MP Jon Cruddas



Consultation

Young people have participated
in 7

consultations throughout 2016:

- Police- Confidence and Faith officer
- A2020
- LSCB workplan
- Borough Manifesto
- Alcohol awareness
- Child House
- Police- 'Ask the boss' session

Other events/meetings

BAD Youth Forum members are involved in much more than just our campaigns and Programmes. Here's some other examples:

- Children's Services Select Committee
- Patient Engagement Forum
- Youth Offending Service Chief Officer Group meeting
- Public Transport Liaison Group
- Borough manifesto film
- National Takeover Day
- Regular meetings with the Leader of the Council





Thank you for listening...

Any questions?